



## The ILM Level 5 in Project Management Residential Courses in Keswick, Cumbria

*'How to become an Inspirational Project Manager'*

From the Results Driven Group

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The ILM Level 5 in Project Management 4 day residential course in Keswick, Cumbria or a 4 day open course in London

## 'How to become an inspirational Project Manager'

This experiential programme is delivered as an open course at our training centre in Keswick, Cumbria or as a 4 day open course in London

The group size is limited to 11 delegates per programme to ensure maximum participation

### Qualification overview

The ILM Level 5 in Project Management is aimed at project managers and consists of 4 modules which is delivered as a 4 day experiential learning and development programme; this degree level qualification is tailored to meet the varying needs of learners from across all employment sectors



It focuses on the practicalities of project management from a delivery perspective and is helps delegates develop the skills needed to become an inspirational project leader as well as a project manager, this tools based programme will give you the core skills needed to be able to manage and lead a project successfully

Successful project management and leadership comes through the engagement and empowerment of your project team

The reason we run this course as a four day residential in the Lakes is that we share with you some of the tools which we use to inspire and empower teams who we develop from across all sectors, we not only show you how to use some of our team development tools, you also get to take away these at the end of the programme to use with your project teams post course

### What is required of you?

Becoming a more effective project manager and leader involves delegates in a complex process of changing behaviours, based on an understanding of leadership and on the development of a range of personal and interpersonal skills

Simply understanding what leadership involves, or developing insight into the effect of one's own emotional state or values on decision-making, or being good at communicating with others is not sufficient, although each is a necessary component of any [project management leadership role](#)

To enquire about any of these courses please call us on 0845 094 0587 or mail us on [info@resultsdrivengroup.co.uk](mailto:info@resultsdrivengroup.co.uk) or register online on [www.resultsdrivengroup.co.uk](http://www.resultsdrivengroup.co.uk)

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It is the synthesis of this that enables effective leaders to recognise the effect of their own behaviours on other people and on the organisation, and to manage those behaviours to achieve the goals that they have agreed

Our ILM Level 5 in Project Management programme places great emphasis on developing this ability; if you are to continue to improve your performance beyond the programme itself – hence the [results driven focus](#)

This is an important characteristic of all successful project leaders that they can reflect on their experiences and learn from them – effective leaders are not afraid of making mistakes, only of repeating mistakes

This ability, to learn and develop, is integral to this programme

## *Client testimonial*

*“Chris will take you on a whistle stop tour of project management and leadership, hang on to your seats”*

*Manager – NHS*



## Programme Agenda

Day 1 – Module One - Managing and leading projects in your organisation

This module explores the practical management and leadership of a project on a day to day basis and is a tools based module which shares with you all of the tips, tools and techniques that we use all of the time when managing and leading projects at Results Driven

### Programme content

To develop an understanding and the ability to be able to manage & lead projects in your organisation

Develop the ability to manage a project in your organisation

Different project management tools and techniques for managing a project are assessed and considered for use in your organisation post course

The implementation of a project is discussed and planned

How to communicate project plans to colleagues and stakeholders, gaining agreement along the way

To be able to implement the project plan and monitor progress against agreed targets

Evaluate your own ability to manage a project

To be able to use feedback from others to critically evaluate own ability to plan and implement a project, identifying strengths and weaknesses as a result of the process

A self-development plan is created to improve own performance in managing projects



### *Client testimonial*

*“Great setting, inspiring content, insightful peeps”*

*Performance Coach – Private Sector*

## **Day 2 – Module 2 – Developmental project management and leadership**

This module explores the skills needed to be able to engage the project team through the correct use of motivation and coaching as a development medium and the tools needed to be able to be an effective project leader back in your organisation post course

### **Programme content**

Motivation

Motivation skills assessment

What motivates you at work?

10 factors affecting motivation

The path goal theory

How to put a motivation strategy in place for my team

### **Coaching**

Coaching Theory

How to give developmental feedback

The IGROW model of coaching theory

Coaching Role play using IGROW

The rule of 3

Coaching Role play using the rule of 3

The STOP tool

How to adopt a developmental style of leadership

## *Client testimonial*

*“Energetic and motivating course, theory combined with hands on activities in a great setting”*

*Senior manager – University*

## **Day 3 – Module 3 – Transformational Project Management & Leadership**

The need to be able to understand the intricacies of leadership are explored and demonstrated here and a combination of leading edge theory and practical tools are used to develop your understanding of leadership and its different contexts further in the project management function

## **Programme content**

Transformational leadership skills assessment

Turning followers into leaders

Think it – Believe it – Do it!

Metabolic management

The core principles of transformational leadership versus transactional leadership

Leadership Styles

Situational Leadership Theory

Situational Leadership practical

Experiential Teambuilding

John Adair’s 3 Circles Model

Developing the charismatic leader

Distributed leadership

## *Client testimonial*

*“Begins to start the process of change by turning manager into leaders”*

*Senior manager – University*



## Day 4 – Module 4 – Building excellent working relationships

The importance of being able to develop effective working relationships and get ‘people onside’ is critical for the effective project manager and leader when it comes to effective project management, the skills of being able to analyse personality’s is explored and how to use the correct influencing style when communicating at every level

### Programme content

The rapport model

How to use the rapport model to influence decisions

Influencing individuals

Using influence to communicate and deliver change

Experiential Teambuilding focusing on developing your leadership communication skills

Social styles communication skills excellence

Why look at Social Styles

Understanding the basic types

Self Assessment

Assessment of others

Needs of each Style

Using social styles to deal with conflict

Understanding leadership communication in your own organisational context

### Pre course work

Our online project management capability assessment is used at the outset of the project to determine your existing project management and leadership skills pre course

### Post course work

You will then undertake the same assessment post course which will enable you to look how far you have progressed in the development of your project management and leadership skill set post programme – this will result in behavioural change needed to be more successful at managing and leading projects in your organisation post course

## Post programme assignment

Plan and implement a project in your organisation, and use feedback from others on completion of the project to improve own performance in managing projects

The 'nominal' word count for this assignment is 2,500 words; the suggested range is between 2,000 and 3,000 words.

## *Client testimonial*

*“Continually evolving to meet the needs of those in the room with the content delivered in a positive way”*

*Senior Partner – Solicitor*

## Programme delivery dates

This 4 day residential programme will take place at in Keswick, Cumbria on the following dates;

### Programme 1

Arrive in Keswick at 11:00 on 20th November 2017, leave at 16:00 on 23rd November 2017

### Programme 2

Arrive in Keswick at 11:00 on 12th March 2018, leave at 16:00 on 15th March 2018

### Programme 3

Arrive in Keswick at 11:00 on 15th October 2018, leave at 16:00 on 18th October 2018

## \*Next steps\*

If you want to enrol on the course or have any queries then please call us on 0845 094 0587 or on or fill in a registration form online at <http://www.resultsdrivengroup.co.uk/Home.aspx> or email us on [info@resultsdrivengroup.co.uk](mailto:info@resultsdrivengroup.co.uk)

## The Cost

The programme cost including, programme delivery, pre and post programme assessments, accommodation, catering, registration, accreditation and certification is £1495 + VAT per delegate.

## Flexible payment terms

\*If you are self-funding then a 30% deposit will be taken on booking, which will secure your place on the course\*

For the balance it is then possible to set up a payment plan by direct debit or credit card for the remaining balance

## All candidates will receive:

1:1 on-going email and telephone support, assessment and tutor feedback.

## In house delivery options

We can deliver this program in house if you have a minimum of 8 delegates, contact us for further details.

## Open residential courses in the Lake District with Results Driven Group

What makes the results driven experience different from any other residential course?

Firstly we will start with the location...

The northern Lake District around Keswick and Derwent Water is arguably one of the most beautiful areas in the UK, it does not matter which time of year you are there, the panorama is always changing and the views are always stunning...



Secondly we use nature as a metaphor for learning...

We believe that you think and work differently according to the environment you are exposed to and work in, we use all of the elements of nature to enhance the learning experience and take you out on each day of the programme to experience learning outdoors...☺

“All of the activities we use are safe and are tailored to the capabilities of each group”

**Earth** – the landscape around us, the Mountains, Valleys and different vistas according to the seasons

**Air** – the different forces that the wind can create and the effect on the landscape that it has is awe inspiring!!

**Fire** – the strength of the sun and difference it can make to a view or an experience or how you feel allows you to reflect and look at things from different perspectives

**Water** – the lakes and the rain, the background vistas that you can embrace in the different seasons make this a stunning place to learn

### Client testimonial

*Fantastic way to learn and improve your skills. Environment unbelievable, enthusiastic trainer and the chance to meet an interesting group of people to exchange views and theories.*

Debbie Frisker



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Thirdly, the delegate experience is completely different...

Normally on a residential course you would just turn up at 0930 in the morning and then go home at 1600 back to your Hotel, as part of the programme we spend time learning together, undertaking activities together, eating together and most of all having FUN, one delegate recently described this as Homeliness, and that he has never come across this type of experience before on a training course...

## Client testimonial

*A fast moving inspirational course which utilises a range of teaching methods in beautiful surroundings...*

Lisa Aitken

And finally the networking aspect...

This is something you can never recreate on a closed course programme, when you mix up clients who come from the public, private and third sectors, who have had completely different life experiences, different perspectives of how things work and job roles – then anything can happen!!, it is usually pretty special and we have seen long lasting friendships developed over the time that they spend with us in the Lakes...

Your accommodation whilst in Keswick...

We have 3 beautiful Houses in Keswick where you will stay whilst on your residential course in the Lakes, you will have your own bedroom and you will be fully catered for as well over the period of your stay...

If you would like to see the properties, then please visit; [www.newlandshousekeswick.co.uk](http://www.newlandshousekeswick.co.uk) for further information

Hopefully this will give you an insight to why the results driven learning experience is different...

Regards

Chris Goodwin – MD – Results Driven Group