

# The Results Driven Group

## ILM Level 3, 5 & 7 Coaching Qualifications

Residential Courses in Keswick, Cumbria  
& Open Courses in London or Dubai



Nationally recognised qualifications for Team Leaders through to Senior Leaders and Managers in the private, public and third sectors

## Introduction

The development of effective workplace performance coaches is a fundamental part of our business at the Results Driven Group and we embed coaching skills training into all of our management and leadership programmes as well running open courses nationally across England several times per year

## In-house delivery

We can also run these programmes in-house for a minimum of 7 delegates. Please contact us directly for a quote for this type of work on 0845 094 0587 or on [info@resultsdrivengroup.co.uk](mailto:info@resultsdrivengroup.co.uk)



These open programmes are delivered at 3 distinct levels:

The ILM Level 3 Qualifications in Workplace Coaching for Team Leaders and First Line Managers

## Who are these qualifications for?

The Award and Certificate in Coaching are designed for people in their first management roles, including team leaders and first-line managers. They are both ideal for individuals seeking to develop the tools, knowledge and confidence to coach people as part of their normal working role.

## Benefits for individuals

Know what it takes to be an effective coach in your workplace

Understand how coaching works – learn a coaching model, and the tools and techniques to support it

Put your new skills into practice in your job – carry out supervised coaching sessions

Analyse, assess and plan to improve your own coaching ability.



## Benefits for employers

Implement coaching to improve performance in your organisation

Ensure the managers you develop as coaches are properly equipped with the skills, knowledge and ethical understanding they need

Develop a coaching culture in your organisation by developing your managers as truly effective coaches.

There are three mandatory units in each qualification. 'Understanding good practice in workplace coaching' covers the role of coaching, basic coaching processes and the abilities and qualities individuals need to be a good coach.

'Reflecting on workplace coaching skills' will give learners tools to analyse and improve their own performance as a coach. 'Undertaking coaching in the workplace' requires learners to plan and carry out at least six hours of coaching, with supervision and support.

At Certificate level, this unit is replaced by 'Undertaking an extended period of coaching in the workplace', which requires at least 36 hours of coaching for a deeper level of skill and experience.

Both these programmes are supported by coaching supervision



## ILM Level 5 Qualifications in Coaching and Mentoring

### Who are these qualifications for?

The ILM level 5 Certificate and Diploma in Coaching and Mentoring are ideal qualifications for managers with significant responsibility for coaching and mentoring as part of their day-to-day role.

They are also designed to develop learners planning to move into a development role or start a career as a freelance coach and mentor.

## Benefits for individuals

Get a critical understanding of the role and responsibilities of the workplace coach and mentor

Deepen your understanding of how coaching and mentoring can impact an organisation

Be able to assess your own skills, behaviours and knowledge as a coach and mentor

Provide evidence of your own development as a coach and mentor through the qualification

Plan your further development

Plan, deliver and review coaching and mentoring in your organisation.



## Benefits for employers

Ensure the managers you develop as coaches or mentors are properly equipped with the skills, knowledge and ethical understanding they need

Develop a coaching and mentoring culture in your organisation, so that managers are able to provide effective support for the development of others and improve their performance

## There are three mandatory units in each qualification.

The first unit, 'Understanding the skills, principles and practice of effective management coaching and mentoring' aims to enable learners to understand the role and contribution of coaching and mentoring, and build a business case.

The second unit, 'Reviewing own ability as a management coach or mentor' aims to give learners the ability to critically review their own personal qualities, skills and competence.

For the **Certificate**, the third unit requires learners to demonstrate their ability to plan, deliver and review at least **12 hours** of coaching and mentoring in the workplace.

For the **Diploma**, the final unit is an extended **100 hours** of coaching and mentoring, with multiple clients, and there is an added focus on using supervision and reflective review to develop individual practice.



## ILM Level 7 Qualifications in Executive Coaching and Mentoring

### Who are these qualifications for?

The Level 7 Certificate and Diploma in Executive Coaching and Mentoring are designed for senior managers or HR/OD professionals who want to develop their expertise and credibility in the fields of coaching and mentoring, or to establish coaching on an organisational level.

They are also ideal for professional coaches and mentors seeking to enhance and accredit their experience with a nationally recognised qualification.

### Benefits for individuals

Know how to review and build the context, strategy, culture and processes for coaching and mentoring at a senior and strategic level

Understand and analyse different coaching and mentoring models and their impact

Learn how to evaluate the effectiveness of coaching and mentoring in an organisation

Critically review your own communication skills, emotional intelligence, interpersonal skills and values, to assess your competence as a coach or mentor

Plan, deliver and review coaching and mentoring contact with clients at a senior and strategic level.



### Benefits for employers

Implement coaching in complex working environments or at a senior and strategic level in your organisation

Ensure your organisation's coaches and mentors are properly equipped with the skills, knowledge and ethical understanding they need

Benchmark your organisation's approach against the latest and best industry practice

Create a coaching and mentoring culture in which senior managers and leaders demonstrate their commitment to supporting their own and others' development and performance improvement  
**delivering a positive ROI for your organisation**

There are three mandatory units in each qualification.

The first unit, 'Understanding the context of coaching and mentoring in a strategic business environment' aims to enable learners to critically review the role and contribution of coaching and mentoring at a senior level.

The second unit, 'Reviewing own ability as a management coach or mentor' will give learners the tools and techniques to review and improve their own practise, and understand how the client's organisational culture and structure affects the coaching and mentoring relationship.

For the **Certificate**, the third unit requires learners to demonstrate their ability to plan, deliver and review at least **20 hours** of coaching and mentoring in their workplace.

For the **Diploma**, this unit is extended to **100 hours** of coaching and mentoring, and there is an added focus on assessing their work against best practice standards and benchmarks.

## Open coaching courses in 2017/18

### ILM Level 5 & 7 Coaching Qualifications – open courses

Our coaching and mentoring qualifications help organisations transform performance and individuals to overcome the barriers that prevent them achieving their full potential.

The Results Driven Group is the only provider nationally in the UK to run the full suite of ILM Coaching Qualifications at Levels 5 & 7 as open programmes nationally.

When do these courses run?

## Our next open ILM Level 5 Certificate in Coaching Courses

### Open coaching courses

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The Results Driven Group is the only provider to run the full suite of ILM Coaching Qualifications at Levels 5 & 7 as open programmes globally.

When do these courses run?

Our next open ILM Level 5 Certificate in Coaching Courses

ILM Level 5 Certificate in Coaching and Mentoring in Management

## Open courses in London, Dubai and Cumbria

### Programme Dates:

#### London

##### Programme 1

6 November 2018; 21 November 2018; 4 December 2018; 18 December 2018; 9 January 2019;  
18 January 2019

##### Programme 2

7 March 2019; 21 March 2019; 2 April 2019; 11 April 2019; 30 April 2019; 15 May 2019

#### Derbyshire

##### Programme 3

20 September 2018; 1 October 2018; 16 October 2018; 7 November 2018; 22 November 2018;  
6 December 2018

#### Dubai

##### Programme 4

From 08:30 on 25 November 2018 to 16.00 on 29 November 2018

##### Programme 5

From 08:30 on 20 January 2019 to 16.00 on 24 January 2019

#### **\*\*5 Day Residential Course in the Lake District\*\***

##### Programme 6

From 11:00 on 24 September 2018 to 16.00 on 28 September 2018

##### Programme 7

From 11:00 on 26 November 2018 to 16.00 on 30 November 2018

##### Programme 8

From 11:00 on 25 February 2019 to 16.00 on 1 March 2019

##### Programme 9

From 11:00 on 10 June 2019 to 16.00 on 14 June 2019

## Our next open ILM Level 5 Diploma in Coaching and Mentoring

Open courses in London, Dubai and Cumbria

Programme Dates:

### London

Programme 1

6 November 2018; 21 November 2018; 4 December 2018; 18 December 2018; 9 January 2019;  
18 January 2019

Programme 2

7 March 2019; 21 March 2019; 2 April 2019; 11 April 2019; 30 April 2019; 15 May 2019

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From 11:00 on 10 June 2019 to 16.00 on 14 June 2019



## Our next open ILM Level 7 Certificate in Coaching Courses

ILM Level 7 Certificate in Executive Coaching and Mentoring

Open courses in London, Dubai and Cumbria

Programme Dates:

### London

Programme 1

6 November 2018; 21 November 2018; 4 December 2018; 18 December 2018; 9 January 2019;  
18 January 2019

Programme 2

7 March 2019; 21 March 2019; 2 April 2019; 11 April 2019; 30 April 2019; 15 May 2019

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## Our next open ILM Level 7 Diploma Coaching Courses

ILM Level 7 Diploma in Executive Coaching and Mentoring

Open courses in London, Dubai and Cumbria

Programme Dates:

### London

Programme 1

6 November 2018; 21 November 2018; 4 December 2018; 18 December 2018; 9 January 2019;  
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Programme 2

7 March 2019; 21 March 2019; 2 April 2019; 11 April 2019; 30 April 2019; 15 May 2019

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## Programme delivery

These programmes are delivered by a team of our coaching experts. Louise Gozzard heads up the team consisting of Dave Reynolds, Lucy Carter and Ian Shepherd. All the team are qualified executive coaches and coach supervisors and deliver the programme across the UK

## Programme costs in the UK

We are the most competitively priced provider of ILM professional coaching qualifications and understand how tough it is out there in the current economic environment and to cater for this it is possible to enquire about flexible payment terms of up to 10 months for the following programmes.

The ILM Level 3 Award in Coaching – £995 + VAT per delegate.

The ILM Level 3 Certificate in Coaching – £1195 + VAT per delegate.

The ILM Level 5 Certificate in Coaching and Mentoring is £1,795 + VAT per delegate.

The ILM Level 5 Diploma in Coaching and Mentoring is £2,395 + VAT per delegate.

The ILM Level 7 Certificate in Executive Coaching and Mentoring is £2,295 + VAT per delegate.

The ILM Level 7 Diploma in Executive Coaching and Mentoring is £2,895 + VAT per delegate.

## Programme costs in Dubai

The ILM Level 5 Certificate in Coaching and Mentoring is \$4500 per delegate.

The ILM Level 5 Diploma in Coaching and Mentoring is \$6600 per delegate.

The ILM Level 7 Certificate in Executive Coaching and Mentoring is \$6600 per delegate.

The ILM Level 7 Diploma in Executive Coaching and Mentoring is \$7700 per delegate.

## Flexible payment terms

\*If you are self-funding then a 30% deposit will be taken on booking, which will secure your place on the course\*

For the balance it is then possible to set up a 7-10 payment plan by direct debit or credit card for the remaining balance

## Open residential courses in the Lake District with Results Driven Group

What makes the results driven experience different from any other residential course?

Firstly we will start with the location...

The northern Lake District around Keswick and Derwent Water is arguably one of the most beautiful areas in the UK, it does not matter which time of year you are there, the panorama is always changing and the views are always stunning...



Secondly we use nature as a metaphor for learning...

We believe that you think and work differently according to the environment you are exposed to and work in, we use all of the elements of nature to enhance the learning experience and take you out on each day of the programme to experience learning outdoors...☺

“All of the activities we use are safe and are tailored to the capabilities of each group”

**Earth** – the landscape around us, the Mountains, Valleys and different vistas according to the seasons

**Air** – the different forces that the wind can create and the effect on the landscape that it has is awe inspiring!!

**Fire** – the strength of the sun and difference it can make to a view or an experience or how you feel allows you to reflect and look at things from different perspectives

**Water** – the lakes and the rain, the background vistas that you can embrace in the different seasons make this a stunning place to learn

### Client testimonial

*Fantastic way to learn and improve your skills. Environment unbelievable, enthusiastic trainer and the chance to meet an interesting group of people to exchange views and theories.*

Debbie Frisker



Thirdly, the delegate experience is completely different...

Normally on a residential course you would just turn up at 0930 in the morning and then go home at 1600 back to your Hotel, as part of the programme we spend time learning together, undertaking activities together, eating together and most of all having FUN, one delegate recently described this as Homeliness, and that he has never come across this type of experience before on a training course...

### Client testimonial

*A fast moving inspirational course which utilises a range of teaching methods in beautiful surroundings...*

Lisa Aitken

And finally the networking aspect...

This is something you can never recreate on a closed course programme, when you mix up clients who come from the public, private and third sectors, who have had completely different life experiences, different perspectives of how things work and job roles – then anything can happen!!, it is usually pretty special and we have seen long lasting friendships developed over the time that they spend with us in the Lakes...

Your accommodation whilst in Keswick...

We have 3 beautiful Houses in Keswick where you will stay whilst on your residential course in the Lakes, you will have your own bedroom and you will be fully catered for as well over the period of your stay...

If you would like to see the properties, then please visit; [www.newlandshousekeswick.co.uk](http://www.newlandshousekeswick.co.uk) for further information

Hopefully this will give you an insight to why the results driven learning experience is different...

Regards

Chris Goodwin – MD – Results Driven Group